



TUFH Talks

Speaker Guide

You've been selected to give a TUFH Talk. Congrats! You're doing great so far. Now what?

Over the years we've come up with a few dos and don'ts on how to give a great talk. Though these steps are in no way comprehensive, they contain some guiding principles that have been known to work.

1) Get familiar with the form

What is a TUFH Talk?

TUFH Talks are a showcase for speakers presenting well-formed ideas in under 5 minutes, similar to TED Talks. You can see past Talks on TUFH's [YouTube Channel](#) under "TUFH Talks".

Why 3 minutes?

Because it works. An audience is good at focusing on one subject at a time in relatively short chunks. You have **3 minutes** for your TUFH Talk.

But, really, can I go over 3 minutes?

No -- it wouldn't be a TUFH Talk. The time limit is part of what will make TUFH Talks work. And remember: Shorter talks are not lesser talks. Like this one: [Toe Smith: How to use a paper towel](#)

2) Good talk

What makes a good idea for a talk?

Like a good magazine article, your idea can be new or surprising, or challenge a belief your audience already has. Or it can be a great basic idea with a compelling new argument behind it.

An idea isn't just a story or a list of facts. A good idea takes evidence or observations and draws a larger conclusion.

Do I need to be an expert on my topic?

You do not need to be the world's foremost expert on the topic, but you do have to be an expert.

Please remember that the audience relies on you to give accurate information, so whatever you say in your talk, please fact-check - especially facts you may take for granted: statistics, historical anecdotes, scientific stats. If you're drawing an example from a discipline that is not your main area of knowledge, use research from widely accepted and peer-reviewed sources, and, if at all possible, consult with experts directly.

3) Make an outline and script

What is the best structure for a talk?

There are many theories on the best structure for a great presentation. ([Nancy Duarte presents one here.](#)) There's no single trick to it, but here is at least one structure that we've found to work particularly well:

1. Start by making your audience care, using a relatable example or an intriguing idea.
2. Explain your idea clearly and with conviction.

3. Describe your evidence and how and why your idea could be implemented.
4. End by addressing how your idea could affect your audience if they were to accept it.

Whatever structure you decide on, remember:

- The primary goal of your talk is to communicate an idea effectively, not to evoke emotions. These are tools, not an end in themselves.
- Your structure should be invisible to the audience. In other words, don't talk about how you're going to talk about your topic - just talk about it!

Introduction

A strong introduction is crucial.

- Draw in your audience members with something they care about.
 - Start with a clear statement of what the idea is.
 - If it's a field they never think about, start off by invoking something they do think about a lot and relate that concept to your idea.
 - If the idea is something fun, but not something the audience would ever think about, open with a surprising and cool fact or declaration of relevance (not a statistic!).
 - If it's a heavy topic, find an understated and frank way to get off the ground; don't force people to feel emotional.
- Get your idea out as quickly as possible.
- Don't focus too much on yourself.
- Don't open with a string of stats.

Body

In presenting your topic and evidence:

- Make a list of all the evidence you want to use: Think about items that your audience already knows about and the things you'll need to convince them of.

- Order all of the items in your list based on what a person needs to know before they can understand the next point, and from least to most exciting. Now cut out everything you possibly can without losing the integrity of your argument. You will most likely need to cut things that you think are important.
 - ▶ Consider making this list with a trusted friend, someone who isn't an expert in your field.
- Spend more time on new information: If your audience needs to be reminded of old or common information, be brief.
- Use empirical evidence, and limit anecdotal evidence.
- Don't use too much jargon, or explain new terminology.
- (Respectfully) address any controversies in your claims, including legitimate counterarguments, reasons you might be wrong, or doubts your audience might have about your idea.
- Don't let citations interrupt the flow of your explanation: Save them for after you've made your point, or place them in the fine print of your slides.
- Slides: Note anything in your outline that is best expressed visually and plan accordingly in your script. See **Step 4**.

Conclusion

- Find a landing point in your conclusion that will leave your audience feeling positive toward you and your idea's chances for success. Don't use your conclusion to simply summarize what you've already said; tell your audience how your idea might affect their lives if it's implemented.
- Avoid ending with a pitch (such as soliciting funds, showing a book cover, using corporate logos).
- If appropriate, give your audience a call to action.

Script

Once you're settled on your outline, start writing a script. Be concise but write in a way that feels natural to you. Use present tense and strong, interesting verbs.

4) Create slides

Should I use slides?

Slides can be helpful for the audience, but they are by no means necessary or relevant to every talk. Ask yourself: Would my slides help and clarify information for the audience, or would they distract and confuse them? Some great examples of slides can be found in the talks by Dan Phillips, Jarrett Krosoczka and Rick Guidotti on TED.com. The most important rule for slides: **Keep it simple. Please use this template for your TUFH Talk [here](#).**

I've never made slides before. Where do I start?

Assess your own skill level. You can make great simple slides if you stick to photographic images, running edge-to-edge. If your slide ideas are more complex and involve type, consider working with a designer. Your event organizer should be able to help.

What goes in my slides?

- Images and photos: To help the audience remember a person, place or thing you mention, you might use images or photos.
 - People will understand that the images represent what you're saying, so there is no need to verbally describe the images onscreen.
- Graphs and infographics
 - Keep graphs visually clear, even if the content is complex. Each graph should make only one point.
- No slide should support more than one point.

What should the slides look like?

- Use as little text as possible -- if your audience is reading, they are not listening.
- Avoid using bullet points. Consider putting different points on different slides.

How should the slides be formatted?

- Use the broadcast-safe zones in PowerPoint.
- Don't put any information or visuals in the far corners of your slides.
- Use font size 40 points or larger.
- **Maximum 5 slides.**

I want to use an image I found off Google Image Search but I don't know where it came from. It's of the Simpsons.

Don't. This is important: Only use images that you own or have permission to use. If you use an image under a Creative Commons license, cite the source at the bottom of your slide.

5) Rehearse

I've said my talk once in my head. Is that enough?

Rehearse, rehearse, rehearse! We can't stress this enough. Rehearse until you're completely comfortable in front of other people: different groups of people, people you love, people you fear, small groups, large groups, peers, people who aren't experts in your field. Listen to the criticisms and rehearse, rehearse, rehearse. If someone says you sound "over-rehearsed," this

actually means you sound stilted and unnatural. Keep rehearsing, and focus on talking like you're speaking to just one person in a spontaneous one-way conversation.

Timing

Time yourself. Practice with the clock winding down in front of you. Do it until you get the timing right every time. Remember, 3 minutes maximum!

Posture

Practice standing still, planted firmly in one spot on stage. Have a friend watch you and stop you from pacing back and forth or shifting your weight from leg to leg.

6) Give your talk

Inhale. Exhale. Do it like you practiced.

7) Savor the glory

Congrats, you're done! Bask in the praise you get over how you seemed so relaxed and spontaneous.